



CAI-PNW on the south coast of Iceland —2018



Visiting Italians at Mt Baker



Along the coast of Croatia — 2016



Italian Dolomites



1st Place Non-Profit – Seattle Milk Carton Derby

CLUB ALPINO ITALIANO PACIFIC NORTHWEST (CAI-PNW)



**Do you want to go hiking in Italy and other countries?
Do you want to go hiking in the Pacific Northwest with those interested in Italian culture and travel?
If so, consider joining our group – the only CAI subsection outside Italy!**

CLUB ALPINO ITALIANO PACIFIC NORTHWEST Subsection (CAI-PNW)

Mission: Club Alpino Italiano (CAI), Italian Hiking Club, Pacific Northwest Subsection of Pisa, is an organization dedicated to promoting the knowledge, study, protection and enjoyment of the mountains, the natural environment and cultures, especially of the Pacific Northwest and Italy.

Goals: CAI-PNW Subsection will provide activities that encourage members

- To learn about and experience the mountains of the Pacific Northwest and beyond
- To learn about and experience the culture, people, history and mountains of Italy
- To share the wealth of mountaineering opportunities and Pacific Northwest culture with CAI members from Italy

www.cai-pnw.org

The Club Alpino Italiano (CAI)

The Club Alpino Italiano was founded in Italy in 1863. CAI has

approximately

- 311,140 members
 - 507 local branches and 308 sub-branches
 - 774 rifugi (mountain huts)
 - Biblioteca Nazionale Alpine (National Alpine Library) in Torino www.bibliocai.it
 - Museo Nazionale della Montagna “Duca degli Abruzzi” (Alpine Museum) www.museomontagna.org
- Mountaineering National Rescue in Italy is provided to members of CAI. Accident insurance for CAI activities and alpine emergency insurance in Europe is also provided to members.

www.cai.it

www.caipisa.it

ADVANTAGES OF BEING A MEMBER OF CAI-PNW

- Joining others in the Seattle area for monthly hikes and other activities
- Opportunity to lead hikes and other outdoor activities
- Making friends in the USA as well as in Italy for joint hiking and cultural activities
- Joining us for trips and exchanges in Italy and other countries
- Visiting and hiking in Italy affordably
- Staying in rifugi in Italy, many with discounts
- Utilizing reciprocal relationships for benefits in clubs in other countries such as Germany, France, Spain, Austria and Switzerland
- Having accident insurance while on CAI-sponsored hikes in Europe
- Mountaineering rescue insurance in the mountains in Italy and other European countries

Check our website for information on becoming a member

Read about upcoming and recent activities, both locally and internationally. You are welcome to join us on our next hike as a guest!

- To join a hike: hike@cai-pnw.org
- To find more information about CAI-PNW: info@cai-pnw.org
- To find information about joining: membership@cai-pnw.org